



for BEREAVEMENT, LOSS AND TRANSITION

Spousal Loss Daytime Support Group



A bereavement support group for individuals who are grieving the death of a spouse.

When your spouse dies, you are suddenly thrown into a life that has totally changed. It's difficult to navigate alone through the rough waves of grief. This group gives you a safe place... to share your grief and pain and to learn how to heal.

Tuesdays, 10:30 to Noon

Location to be determined

Led by a licensed therapist, for HOPE Connection

Fee per session- \$40 per session

One Time Orientation Fee - \$75

The groups run in an 8 week series, fees are prepaid at the first session.

For further information and to set up an Orientation appointment, please call

(818) 788-HOPE (4673)