



for BEREAVEMENT, LOSS AND TRANSITION

Spousal Loss

Delayed Grief Support Group



Bereavement support group for individuals who are grieving two years after the death of a spouse.

When your spouse dies, you are suddenly thrown into a life that has totally changed. It's difficult to navigate alone through the rough waves of grief. Often we get busy and grief gets put on hold. Months, years later, we feel it more than ever. This group gives you a safe place... to share your grief and pain and to learn how to heal. If your grief was put on hold and it's now showing up two or more years later, this is the place for you.

Fridays from 10:00 – 11:30 am
8-week series

Zoom Platform

Led by a Licensed Therapist for HOPE Connection

Fee per session- \$30 per session

ONE-TIME ORIENTATION FEE - \$50

CALL HOPE CONNECTION FOR FURTHER INFORMATION

(818) 788-HOPE (4673)

Please call ahead for information and to set up an appointment for an Orientation